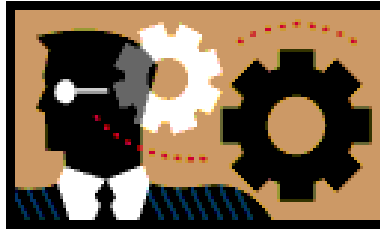


# Evidence-Based Practice: From Theory to Implementation

An event sponsored by the Illinois Center for Co-Occurring Excellence

Substance use disorders are common among individuals with psychiatric disorders and co-occurring disorders lead to worse outcomes and higher costs than single disorders. In the past several years, agencies and providers have grown increasingly aware of the importance of providing evidence based interventions to address co-occurring disorders. However, interventions for co-occurring substance use and psychiatric disorders also pose significant organizational and clinical challenges. This series of workshops will address evidence based practice implementation with a focus on engagement and harm reduction interventions.



**March 12, 2010 -- 9 am to 12 pm**

**“Evidence-Based Practice: Current Application”**

**Presented by Randi Tolliver, PhD, CADC**

*111 N. County Farm Rd - Lower Level 1 - Wheaton, IL 60187*

The first workshop will address the concept of evidence based practice and review effective interventions. Specific emphasis will be placed on strategies to help organizations, programs, and clinicians utilize interventions that may lead to successful outcomes.

**April 9, 2010 -- 9 am to 12 pm**

**“Harm Reduction: Best Practices”**

**Presented by Valery Shuman, MAAT, LCPC, ATR-BC**

*Serenity House - 891 S. Rohlwing Rd. - Addison, IL 60101*

The second workshop is tailored to meet the needs of front line practitioners who work with consumers who use substances or have been diagnosed with a mental health issue and who are not ready for (or reject, or have already failed in) abstinence-based treatment programs or active mental health treatment. This hands-on workshop will introduce the philosophy of harm reduction, evaluate harm reduction within the context of the stages of change, and explore and elaborate on the process, challenges, and advantages of this compassionate, pragmatic approach. Practical methods and techniques will be incorporated as a means to help clinicians and other individuals who work with those who engage in high risk behaviors to implement these approaches.

**May 7, 2010 -- 9 am to 12 pm**

**“Engagement Strategies: Best Practices”**

**Presented by Ed Stellan, MS, CADC**

*Serenity House - 891 S. Rohlwing Rd. - Addison, IL 60101*

The third workshop will explore how motivational interviewing strategies can be used by front line practitioners to guide relationship building and clinical practice. Participants will learn practical techniques that incorporate motivational engagement strategies in order to connect with consumers in services and assess readiness, willingness, and ability for change. Special emphasis will be placed on linkages using stages of change and harm reduction principles.

# EVIDENCE-BASED PRACTICE SERIES REGISTRATION

\*Please indicate which date(s) you are interested in.

There is no registration fee for this training. Free CEUs will be provided for IAODAPCA and LCSW/LCPC (3 CEUs for each date attended).

PLEASE PRINT CLEARLY.

Name:

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Agency:

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Address:

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E-mail:

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Phone:

\_\_\_\_\_ Fax: \_\_\_\_\_

\*Date(s) you would like to attend:

March 12, 2010 \_\_\_\_

April 9, 2010 \_\_\_\_

May 7, 2010 \_\_\_\_

**I will need certification of CEUs (3 awarded for each date) for:**

IAODAPCA

LCSW/LSW

LCPC/LPC

No CEUs required

**Send your registration to:**

Heartland Health Outreach

Attn: Sarah Pickering

Phone: 773.334.7117 ext. 1015

Fax: 773.506.6499

Email: [spickering@heartlandalliance.org](mailto:spickering@heartlandalliance.org)